

Township of South Frontenac

July 30, 2021

4432 George Street, PO Box 100
Sydenham, ON, K0H 2T0

A handwritten signature in black ink, appearing to be "Dan".

Dear Mayor Vandewal and Councillors Barr, Leonard, Morey, Revill, Roberts, Ruttan, Sleeth and Sutherland;

Thank you for your time and consideration at the July 13, 2021 Township of South Frontenac Council Meeting.

Southern Frontenac Community Services Corp. (SFCSC) is seeking a \$750,000 investment from the Township of South Frontenac to help support the building costs for the expansion and upgrades to the Grace Centre that will ensure the Township of South Frontenac's rural community has the resources in place to provide health, wellness and social support services to residents for years to come.

Council is aware of the statistical data and trends that show the significant expected population growth in our Township and in particular the increase of residents who are seniors. Council is also aware of the changes in healthcare models and the move by the Ontario Ministry of Health to integrate providers and service support organizations to work together in ways that will improve patient/client outcomes and provide care close to home.

Further, data from the SFCSC 2020-21 fiscal year shows Council the thousands of residents who benefit from the health and social service support programs SFCSC offers. For example, 27,032 support services provided; 1,874 individuals served by the Food Bank; 17,730 hot and frozen Meals on Wheels delivered, representing a 75% increase in the number of seniors using this service; and 1,990 health and wellness check-in calls to isolated seniors.

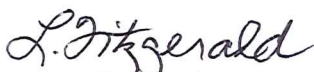
In order to continue to provide important community health, wellness and social support services, SFCSC's only option is to expand and upgrade our building facility. To do this, we need your support, both for this financial request and as a champion for our efforts when we move to launch a community fundraising campaign to meet our goal of \$1.5 million.

We welcome the opportunity to address additional questions/concerns and encourage Council members to come to the Grace Centre for a site tour so we can show you first hand the essential need for support of this project that will benefit the entire community of South Frontenac.

Sincerely,

A handwritten signature in black ink, appearing to be "David Townsend".

David Townsend
Executive Director

A handwritten signature in black ink, appearing to be "L. Fitzgerald".

Laura Fitzgerald
Fund Development & Communications Coordinator

CC
Neil Carbone
Chief Administrative Officer/Deputy Clerk
Township of South Frontenac

Greg Fisher
Chair, Board of Directors
Southern Frontenac Community Services

THE PROPOSAL

Southern Frontenac Community Services Corp. (SFCSC) is poised to kick-off its fundraising campaign which seeks to raise \$1.5 million to support the expansion and upgrades to the Grace Centre that will ensure our rural community has the resources in place to provide community health, wellness and social support services.

**SFCSC is seeking \$750,000 from the Township of South Frontenac
to help support the building costs associated with this project.**

BACKGROUND

SFCSC Programs & Services:

For 32-years, SFCSC has provided a full range of health and social support services to older adults and seniors, low-income households and those facing food security challenges throughout the Township of South Frontenac and rural Kingston (north of Hwy. 401).

SFCSC has four main categories of community support services – seniors' health supports, food security, family support services and in cooperation with the Township of South Frontenac, social and recreation activities for adults aged 55+.

- Adult Day Program - for frail seniors or those living with life-limiting illnesses such as dementia who need monitoring and/or assistance.
- Transportation Services - gets seniors to and from medical appointments, errands and social events.
- Telephone Reassurance Program – combats social isolation. Approx. 200 seniors receive regular phone calls from volunteers who check in on them, assist with real connections to other services as needed, or just to have a friendly chat.
- Food Security programs - hot and frozen Meals on Wheels, a high demand service that has gone from one day a week delivery to three days a week during the Covid-19 pandemic. Based on its success, plans are being explored to expand meal deliveries to five days a week.
- Food Bank is open to any resident of South Frontenac or rural Kingston. Similar to Meals on Wheels, our Food Bank continues to see a steady increase in the number of users.
- Family Service supports include homelessness prevention, referrals to other agencies, financial supports to help with rent or utility bills, annual income tax clinic, provision of backpacks/school supplies, winter coat drive, etc.
- Social and Recreation programs for ages 55+ - social interaction, weekly Good Graces Café, card and board games, a book club, fitness classes, education workshops, walking programs, pickleball and more.
- Foot Care clinics
- Homemaking and Home Maintenance Services
- Respite to caregivers so they can have peace of mind leaving the home knowing that their loved one is being well cared for in their absence.
- Hospice and Bereavement supports

Township of South Frontenac population and demographics:

According to the Watson and Associates report to the Township using data and projections from Statistics Canada, from 2016 - 2036 the population in the Township of South Frontenac will grow by 21.2%. Of that, the percentage of those aged 55 - 74 will grow by 15.57% and the 75+ age group will grow by 137.32%.

This means that based on records of service delivery and applying a medium growth scenario rate of 19.3%, SFCSC can expect that by the year 2036 to be providing community health and social services support programs and services to more than 1,500 South Frontenac residents aged 55+. We fully expect and are planning for a much higher demand for our services due to the 75+ age group growth.

THE BUSINESS OF HEALTHCARE

The right care in the right place at the right time. SFCSC does this.

Currently the system of administering healthcare is moving from a regional Local Health Integration Network or LHIN, to a model that targets smaller geographical areas called Ontario Health Teams or OHTs. This new system brings together health care providers and health service support organizations to work as one coordinated team to improve patient/client outcomes, lessen the burden on hospitals and provide care close to home. SFCSC is intricately involved in the Frontenac Lennox & Addington Ontario Health Team leadership.

From the Ontario Ministry of Health and Ministry of Long-Term Care website,

<https://health.gov.on.ca/en/pro/programs/connectedcare/oht/>

“Ontario Health Teams are being introduced to provide a new way of organizing and delivering care that is more connected to patients in their local communities. Under Ontario Health Teams, health care providers (including hospitals, doctors and home and community care providers) work as one coordinated team - no matter where they provide care.”

To meet the diverse needs of an aging population and growing numbers of people with chronic and increasingly complex conditions, the government is modifying its focus and some funding models will move from acute care to home and community care.

This paradigm shift in healthcare delivery further secures SFCSC as an important and long-term community resource for the Township of South Frontenac and gives confidence of appropriate operational funding in the years to come.

COMMUNITY BASED PARTNERSHIPS

SFCSC and the Township working together to assess health and wellness service needs through a community lens is essential for the creation of vibrant, complete communities.

The Township of South Frontenac and Southern Frontenac Community Services strategic priorities align. There is a shared commitment to support the needs and well-being of the community, to operate in ways that are respectful of the environment, and SFCSC wants to contribute to the Township's leadership position by providing a community service hub as part of what makes the Township a vibrant community of choice for people to live in, visit and enjoy.

BUDGET

Cost estimate dated July 2021

New build is 1,680 square feet per floor for a total of 3,360 square feet.

CONSTRUCTION COSTS	
3,360 sq ft @ \$325 per sq ft.	\$1,092,000
Septic system replacement	95,000
Parking lot paving, soft and hard landscaping	100,000
TOTAL CONSTRUCTION COSTS	1,287,000
Permits and fees	48,000
Project Management – M. Sullivan & Son Ltd., CCDC 5B	75,000
Contingency 7.5%	90,000
TOTAL PROJECT COST	1,500,000

**some project costs, i.e. excavation will be donated in-kind*

Sources of Funding

Total Project Cost - \$1.5 million

Township of South Frontenac	\$ 750,000
South East Local Health Integration Network (Now Ontario Health)	100,000
SFCSC Capital Reserve Fund	100,000
SFCSC Food Bank	50,000
Fundraising (Capital Campaign)	500,000

to include federal/provincial gov't asks and community campaign



RESULTS

A building expansion adds 3,360 sq. feet to the facility and positions SFCSC to deliver sustainable community support services for years to come.

Benefits include:

- Food Bank renovations comply with all Public Health guidelines including Covid-19 and any future pandemic protocols
- Accessible washrooms for clients, volunteers, staff and visitors
- Professional work areas for staff and volunteers
- Hand and food washing stations
- Confidential meeting room that provides sufficient space for physically distancing
- Enhanced efficiencies for food handling and preparation – prepare, pack and distribute food hampers in one area that meets Public Health guidelines
- Renovated space will meet all legislated accessibility regulations and provide user-friendly work areas
- Safe, accessible parking and building access
- Increases the capacity of SFCSC to address and meet the growing needs of the more than 8,000 seniors residing within our catchment area (South Frontenac and rural Kingston).

CLOSING COMMENTS

SFCSC is seeking an investment of \$750,000 from the Township of South Frontenac to assist with the building expansion and upgrades. This demonstrates to our community Council's desire to ensure a wide breadth of health and social supports are delivered locally.

Contributing funds to SFCSC is a good investment for our rural community. SFCSC has an outstanding record of fiscal responsibility and only moves forward with projects when they are feasible and properly funded. SFCSC has managed to balance its budgets consistently for more than a decade, all while delivering a top-rate health and social support experience for residents of South Frontenac.

An improved community health and wellness resource will undoubtedly enable the Township of South Frontenac to entice more people to choose the area as their preferred residence and in doing so further contribute to the economy and overall quality of life for those living in the Township. We respectfully ask for your financial support to help SFCSC expand capacity and enhance community care in South Frontenac.